

## Services

LinkAble provides a wide range of services and activities for people with learning disabilities and autism.

#### **CHILDREN'S SERVICES (5 - 11 YEARS)**

LinkAble welcomes children with learning disabilities from 5 years old, helping them to have fun, make friends and understand the exciting world around them! We support children with autistic spectrum disorders, global developmental delay, Down's Syndrome, speech and language disorder along with other less common disabilities. Activities available:

- Saturday Play
- School holiday play schemes
- Scouts

#### **YOUTH SERVICES (12 - 18 YEARS)**

LinkAble enables young people to develop independence, confidence and personal responsibility through social activities Activities available:

- Youth clubs
- Saturday Activities
- Youth holiday schemes
- StopGAP dance sessions
- Scouts

#### **ADULT SERVICES (OVER 18 YEARS)**

Our groups aim to provide opportunities to make friends, stay healthy, develop skills and encourage independence. Activities available:

- Evening social clubs
- Daytime activities including days out
- High Notes choir
- Actables drama group
- 'Mayhem' Adult nightclub held 6 times a year

### **CONTACT US**



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# About Us

People with learning disabilities face exclusion from many aspects of mainstream life. They have fewer friends, poor employment prospects and are more likely to be affected by poverty, ill-health and loneliness.

LinkAble works hard to overcome these issues for children and adults with learning disabilities in Woking and Surrey Heath.

Since 1989 we have supported people to learn new skills, gain confidence, form lasting friendships and lead fulfilling, independent lives.

'I don't know where or who I would be without LinkAble' Adult service user

#### HOW YOUR SUPPORT CAN HELP

**£50 - £100** would buy a giant bean bag. Many of our service users struggle with sitting independently on the floor. We use giant bean bags to support them. We would like to increase the number of giant bean bags we have and replace some which are coming to the end of their usable life

**£200** would cover the cost of buying materials for arts and crafts, messy play and ingredients for baking during one of our half term holiday schemes

 $\pounds 500$  allows LinkAble to train 4 sessional workers to ensure the highest level of care for service users under 18 years old



LinkAble is registered in England and Wales under charity number 1119596 and company number 06056940