

### ISG List of Local Resources

PLEASE ENSURE TO VERIFY ALL E-ACTIVITIES BEFORE ALLOWING YOUR CHILDREN TO PARTICIPATE. AS A GROUP WE DO NOT ENDORSE ANY OF THE BELOW AND ARE ONLY PASSING ON CONTACTS FOR INFORMATION PURPOSES.

**Please note several retailers are now working with skeleton staff and strict social distancing guidelines in place – please be polite and patient.**

#### Groceries/Food/Services/retailers

- A1 Crab Supplies – pls contact 07781 165259
- A1 – toilet paper and cleaning products – 01481 200510
- Absolutely Fabulous cleaning – now taking bookings - call 07781 714310 or 07911 748733 – [info@abfabguernsey.com](mailto:info@abfabguernsey.com)
- Admiral Pharmacy – 01481 728840 – [numarkpharmacists.com/](http://numarkpharmacists.com/) closing 5pm daily
- A'dora'bubble"photography Channel islands – raising funds for friends of Loveridge and Prialux premature baby foundation.
- Advance Plumbing Solutions – 07781 718613 – social distancing guidelines in place.
- Aladdins Cave – deliveries only – call 728469 between 9am and 6pm every day of the week.
- Alexander Plumbing Ltd. – available for emergency plumbing, no call out charge – using personal protection equipment, gloves, masks and disinfect all tools after a job – email [alexanderplumbingltd@gmail.com](mailto:alexanderplumbingltd@gmail.com) or call 07781 417493.
- Alliance – 1 hr opening for Healthcare Workers only – bring ID badge – Mon, Wed Thurs 07:30-8:00am and Thurs 19:00-20:00. – 246827 – [www.alliance.gg](http://www.alliance.gg)
- Alpine taxis – starting to take bookings – 07781 100787
- Aquatherm Ltd – available for emergency oil boiler and hot water breakdowns, burst pipes etc. Customers will be required to keep a safe distance and need to declare any infections – 07781 152432- [aqua4945@gmail.com](mailto:aqua4945@gmail.com) or [www.aquathermltd.co.uk](http://www.aquathermltd.co.uk)
- A C Fitness - free live workouts 9am or 5pm everyday – one to one training session - Facebook message for more information. 07781 431385
- AV Agricultural – business as usual but with social distancing guidelines in place – please call 01481 266744
- Barras Car Centre – open with social distancing guidelines in place – call 01481 249915 – [www.barrascarcentre.co.uk](http://www.barrascarcentre.co.uk)
- Becky Rowe Jewellery – [www.beckyrowejewellery.com](http://www.beckyrowejewellery.com) - 2332663
- Bella Spa Services – providing deliveries – 235417 – [spa@bellalucehotel.com](mailto:spa@bellalucehotel.com)
- Ben Le Prevost Chocolate – order online only – 713504 – [www.benleprevostchocolatier.com](http://www.benleprevostchocolatier.com)
- Bernie's Gardening Services – [bernie@berniesgardeningsservices.gg](mailto:bernie@berniesgardeningsservices.gg) – 07781 112368
- Bishes Fishes – open for delivery orders by telephone 10am to 1pm – typically afternoon delivery - free delivery but minimum £5.00 spend - 01481 249733
- Bijoux Boutique – offering deliveries - PM on facebook – call 724158 or email [reception@bijouxboutique.gg](mailto:reception@bijouxboutique.gg)
- Bon Appetit – [www.bonappetitgy.com](http://www.bonappetitgy.com) – offering cake deliveries including Liberation Day cream teas – 230088 – email [bonappetitgy@gmail.com](mailto:bonappetitgy@gmail.com)
- Bonboneira – deliveries only - <https://www.bonboniera.com> - call 740740

- Bruce Russell & Son – online sales 01481 264321 -[sales@bruce-russell.com](mailto:sales@bruce-russell.com) – or visit [www.bruce-russell.com](http://www.bruce-russell.com)
- Buff – offering deliveries – call 713629 or message on facebook
- Cadeaux Guernsey Toyshop – home delivery only – email [cadeauxguernsey@outlook.com](mailto:cadeauxguernsey@outlook.com) or call 07781 436 937 or 07781 412 327
- Cake Décor – offering evening deliveries – 241222 or 07781 409714
- Capelles Building Stores – collections and deliveries – 245897 or [sales@capelles.co.uk](mailto:sales@capelles.co.uk)
- Celaro Shoes – free delivery – look at Facebook, Instagram or LinkedIn to see stock available and PM via Facebook or email [celaro@cwgsy.net](mailto:celaro@cwgsy.net).
- Cimandis Deliveries – very wide selection – frozen, butchery, fruit, veg, hampers - £25.00 minimum order – place order between 7.00-15.00 Mon-Fri and order will be delivered next day between 10:00-14:00 or call between 07.00-12.00 and pick up order 15.00 the same day– see selection on [cimandis.com](http://cimandis.com) and call 01481 708508 to place order. Can pay by card over the phone.
- Charlie's Butcher's – Deliveries only – message on Facebook or email [davinialepoidevin@gmail.com](mailto:davinialepoidevin@gmail.com) – call 245966
- CI Liquor Co – [www.ciliquorco.com](http://www.ciliquorco.com)
- Channel Islands rainbow services – offering cleaning services – tel 231009
- Clean Clean Glass of Home – 07781 419181
- CLIP Guernsey – offering potatoes and tomato plants etc – check Facebook page for updated products
- Colour Monster – 244175 – [www.colourmonster.com](http://www.colourmonster.com) – limited services available.
- Cook – 729566 or order online
- Co-Op delivery – 01534 879822 - if orders made before 12pm will be delivered same day, otherwise following day between 9-5pm. Only for the most vulnerable with no other alternatives/family on Island who could deliver.
- Cobo Bay Hotel – email to purchase vouchers that can be posted to you.
- Cobo Butchers – free home delivery service, inc. baps, wraps and items off the shelf – 01481 258544 or email [cobobutchers@hotmail.com](mailto:cobobutchers@hotmail.com)
- Condor Ferries – suspended passenger services to 14<sup>th</sup> May – contact to rebook or claim your cancellation voucher
- Country Butchers – Shop open – Tuesday to Saturday 7am to 5.30pm - Sunday 7am to 12.30pm - next day delivery offered Tuesday to Saturday – closed Mondays - 252742
- Chris' Catch – local fisherman – 07781 419758 – sold as hedge veg now – Rue De Marais
- Craft-Wise Guernsey – phone orders and deliveries only – 241112
- Cycle World - [www.cycleworldgsy.com/home-delivery](http://www.cycleworldgsy.com/home-delivery)
- Creaseys Department Store – offering deliveries – [www.creaseys.com/deliver-favourites](http://www.creaseys.com/deliver-favourites)
- Delivered.gg – food wholesaler – orders before 9pm for next day delivery – knock and run process and safety measures in place– <https://www.delivered.gg> or 255395 for details.
- Dental Services – your practices are available to call during normal working hours and advice will be given over the phone.
- Doyles Forecourt Store – open 7am to midnight (pm Wednesday and Thursday, 10pm Sunday) - deliveries to St Peter Port only, over 10 items, full payment before delivery, order to be placed between 9-5pm Mon – Fri, will be asked for ID for cigarettes and alcohol if under 25 – email Ivan on [ivan@doylemotors.co.uk](mailto:ivan@doylemotors.co.uk) or call 724025
- Doyle Motors – offering free delivery and pick up for the vulnerable for annual service – please call to arrange

- DPD Constructions Ltd – 07781 461051 or email [dpdconstruction@suremail.gg](mailto:dpdconstruction@suremail.gg)
- Earlswood Garden Centre – opening during the week commencing 18<sup>th</sup> May – exact date TBA – go to their website [www.earlswoodgsy.com](http://www.earlswoodgsy.com) .
- Eclipse Technologies – 256969 – [www.eclipsetechnologies.co.uk](http://www.eclipsetechnologies.co.uk)
- Forest Stores – open – offering home deliveries – opening hours changed to 8am to 3pm- post office open 9am to 12pm – email [foreststores@cwgsy.net](mailto:foreststores@cwgsy.net)
- Freedom Surf Shop – order through facebook messenger – email [freedomsurf@cwgsy.net](mailto:freedomsurf@cwgsy.net) or call 246690 for home delivery - [www.freedomgsy.com](http://www.freedomgsy.com)
- GFF Gardens – offering social distancing gardening services – tel 235936 – [www.gff.gg](http://www.gff.gg)
- Gillingham pools – offering deliveries and some outside services, pool maintenance etc – email [gillinghampools@gmail.com](mailto:gillinghampools@gmail.com)
- Grapevine Guernsey – delivering wine, spirits, beer, soft drinks, confectionery plus other essentials (food, toilet roll, cleaning products etc.,) – [www.grapevineguernsey.com](http://www.grapevineguernsey.com)
- Guernsey Badminton – offering daily online exercise routines – see facebook
- Guernsey Biscuit – 9am to 10am open for elderly only – 10am till 2pm Tuesday to Saturday - free deliveries for orders over £30.00 – local produce only – PM on Facebook or email [info@thefoodservicecompany.gg](mailto:info@thefoodservicecompany.gg).
- Guernsey Gardens ltd – [www.guernseygardens.com](http://www.guernseygardens.com) – full information on their facebook page – contact 01481 700035
- Guernsey Moo – milk deliveries, eggs, cream and juice to various in St Peter Port, St Sampson, Vale – call 01481 258110, 07781 158110 or email [Guernseymoo@hotmail.co.uk](mailto:Guernseymoo@hotmail.co.uk)
- Guernsey Post – you can order bin bag stickers and stamps in the post, no postage charge – <https://www.guernseypost.com/binlabels>.
- Guernsey Press – is publishing a daily page of volunteers willing to help with dog walking, shopping etc. – offering free press delivery to new customers over 65.
- Guernsey Trade Windows ltd – emergencies only – [guernseytradewindows@gmail.com](mailto:guernseytradewindows@gmail.com)
- Guernsey Welfare Service – food bank, vouchers and support services AND DELIVERIES – 07839 724300 and [guernseywelfare@cwgsy.net](mailto:guernseywelfare@cwgsy.net)
- Guernsey Together – <https://www.guernseytogether.com/>
- Healthconnections.gg - call 747227 or email [carservice@healthconnections.gg](mailto:carservice@healthconnections.gg) for transport services or delivery options.
- Helping Hands Ironing – offering washing ironing and shopping services.
- Hotel Chocolate – offering deliveries – email [hotelchocolatgsyorders@sandpipercci.com](mailto:hotelchocolatgsyorders@sandpipercci.com)
- HS2 – deliveries only – shop online [www.hs2fashion.com](http://www.hs2fashion.com)
- Ian Browns Cycle Shop – tel 701681 for booking service and maintenance works .
- Ian Wood – Milk Retailer – milk, butter, cream, eggs and juices delivered – message on Facebook or email [ballina@cwgsy.net](mailto:ballina@cwgsy.net). 253585
- In Any Event – birthday deliveries – balloons and partyware (cups etc) – visit [inanyevent.gg](http://inanyevent.gg) or Facebook messenger
- Intersport closing down sale started with strict social distancing guidelines in place
- Island Electricity – emergencies only – 07839 269788
- Island Motor Company at Barras Lane – Shop and forecourt open as usual – Rubis
- Iris and dora – deliveries only – 01481 721375 or go onto [www.irisanddora.gg](http://www.irisanddora.gg)
- Jill Vaudin – Calendars and Souvenirs – liberation bunting etc – facebook message – call 263579 – or [www.jillvaudin.com](http://www.jillvaudin.com)
- JL Innovation – business as usual following strict guidelines – no cash payments – message, email [james@jl-innovation.co.uk](mailto:james@jl-innovation.co.uk) or call

- Joe's Fresh Veg Limited – deliveries only – 07781 410372 – [joefreshveg@live.co.uk](mailto:joefreshveg@live.co.uk)
- Keyprice – happy to send pictures of items, take payment over the phone and deliver – call 01481 249660 or email [islandtraders@hotmail.co.uk](mailto:islandtraders@hotmail.co.uk)
- La Collinette – Restaurant and takeaway CLOSED but offering rooms to key workers in need of accommodation at £30 ppn. Phone on 01481 710331 –AWAITING CONFIRM from SOG regarding definition of a key worker for these purposes.
- Land of Green Ginger – deliveries only – 729774
- Laser Wash – 246566 – [laserwash@suremail.gg](mailto:laserwash@suremail.gg) – stay in your car
- Le Friquet Garden Centre – deliveries available – call 259220 - £10 delivery charge for all orders under £50
- Lotus Pools Ltd – [www.lotuspools.gg /shop/](http://www.lotuspools.gg/shop/)
- Manor Farm – online ordering for NEXT DAY delivery of various grocery items – online shop opens at 7am and due to demand will close once they have reached capacity – minimum order value of £40.00 – Mon – Sat and any orders on a Sat will be delivered Mon – 01481 727590 – email [sales@manorfarmfoods.com](mailto:sales@manorfarmfoods.com)
- Mark Le Prevost – milk deliveries Forest area – 07781 105718
- Marks and Spencer are offering a select and collect service
- A Mahy Ltd – facebook orders only – premises remain shut to the public
- M.C. Concrete Deliveries – call 07911 764565
- Meals on Wheels – food delivery – must be referred by a medical professional via the Guernsey Voluntary Service
- Milton Produce – deliveries – open Monday to Friday 05:00am to 12:30pm and Saturday 5:00am to 11:00am. Leave a message outside these hours. 01481 239666 or [Accounts@milton.gg](mailto:Accounts@milton.gg) or Facebook messenger.
- Mojoe Limited – 264464 – personalised candles – animals, environment and vegan friendly - or facebook messenger.
- Morrisons Daily Guernsey – food deliveries – tel 07911 748008 or 07911 720073
- Nick Russell Turf and Landscaping – 07781 157962
- Norman Piette – open with skeleton staff and strict social distancing measure – email [sales@norman-piette.com](mailto:sales@norman-piette.com)
- Olio App – food waste reduction app – safe food sharing in Guernsey – all pick ups are now no contact and follow gov.gg guidelines – <https://olioex.com/sign-up-to-olio-today/>
- Officepoint Ltd – telephone and email orders between 10am and 1pm – see facebook page for information
- Original Alternative – deliveries once a week – shop 01481 722718 – mobile 07781 742 820 [shop@theoriginalalternative.gg](mailto:shop@theoriginalalternative.gg)
- Outdoor Guernsey – [www.outdoorguernsey.co.uk](http://www.outdoorguernsey.co.uk) – 07781 130430 – try before you buy – boards delivered to you.
- OURZON.gg – list of local retailers that deliver to your door
- Pam Carre – milk deliveries st Sampson's & elsewhere – 01481 247504 or [dpcarre@cwgsy.net](mailto:dpcarre@cwgsy.net)
- Paper man – Stuart Douglas – 07781 426984
- Paul Bee – The Gardening Bug – 07950 905998 – [pncb96@hotmail.com](mailto:pncb96@hotmail.com)
- Paulo's Plant Centre – deliveries available email [paulosplantcentre@hotmail.com](mailto:paulosplantcentre@hotmail.com) tel 715858
- Petersfield Plant Centre – 07781 431340 or 07781 411852 – [petersfield.gg](http://petersfield.gg) – plants and topsoil available for delivery.

- Perelle Butchery – open till 4pm – no cash payments, only one customer in the shop at a time.
- Pitstop Guernsey – business as usual but with strict guidelines – stay with your vehicles – call 245501 – card payments only
- Platinum Electrics Limited – 07781 192846 – email [marc@platinumelectrics.co.uk](mailto:marc@platinumelectrics.co.uk) – providing services where social contact can be avoided – please check facebook page for details .
- Pure Plumbing – 07839 717079 business as usual following strict social distancing guidelines
- Queripel Transport – 07781448088 – [queripeltransport@gmail.co.uk](mailto:queripeltransport@gmail.co.uk)
- Queux Plant Centre – opening from 18<sup>th</sup> May with strict social distancing rules in place .
- Randalls Guernsey – 754600 – home deliveries only – [www.randallsbrewery.com](http://www.randallsbrewery.com)
- Ray & Scott Jewellers – email to purchase vouchers – 244610 or email [jeff@rayandscott.com](mailto:jeff@rayandscott.com)
- RH Gaudion and Sons Ltd – opening under strict guidelines 18<sup>th</sup> May, however, deliveries and collections still offered for those who prefer limited contact – hardware email [hardware@gaudioncampduroi.com](mailto:hardware@gaudioncampduroi.com) – garden centre [garden@gaudioncampduroi.com](mailto:garden@gaudioncampduroi.com) – feed centre 257361 or email [tim.gaudions@cwgsy.net](mailto:tim.gaudions@cwgsy.net)
- Re-Detail – business as usual - hand sanitiser deliveries – car products – [www.shop.redetail.gg](http://www.shop.redetail.gg) – book online [www.redetail.gg](http://www.redetail.gg)
- Rockit – call 07781 108468 – [info@rockitgsgy.com](mailto:info@rockitgsgy.com)
- Rui – Milk deliveries- La Mare 07911 732647 or 256738
- Salvatore – Castel milk Deliveries – 263760
- Sarnia Scents – deliveries only – order through facebook or [www.sarniascents.co.uk](http://www.sarniascents.co.uk)
- Shiloh Church Food Hampers and support – 07781 102506 or [shilohchurch.gg](http://shilohchurch.gg).
- Simply V – CLOSED but please email [eat@simplyv.gg](mailto:eat@simplyv.gg) your cupboard contents to help with recipe and juicing ideas
- Smilers - happy to take phone orders and deliver – facebook message or call 01481 251456 or 07781 427236.
- Sole Mates – online ordering for deliveries – 714784 – [www.shoesforchildren.co.uk](http://www.shoesforchildren.co.uk)
- Stan Brouard – opening 10am Monday 18<sup>th</sup> May under strict guidelines – please email [info@stanbrouard.com](mailto:info@stanbrouard.com)
- St John's Healthcare shop are doing free deliveries – 729268 or [sjhcs@stjohn.gg](mailto:sjhcs@stjohn.gg)
- Stone Age Masonry – making small ideal gifts – house name plaques - granite mushrooms – hearts etc - check out their facebook page
- Sueco Food Company – food deliveries – sheppard's pie etc – email [team@sueco.gg](mailto:team@sueco.gg) or telephone 01481 247736.
- Surf and Turf – offering deliveries, meat and fish - 01481 722707
- Target – open but call in advance and stick to strict distancing guidelines - call 720986 – email [target@cwgsy.net](mailto:target@cwgsy.net) – [www.targetautoparts.co.uk](http://www.targetautoparts.co.uk)
- Tech-Zone – Collection and returns only – store shut – [tech-zone.gg](http://tech-zone.gg) or 01481 721522
- The Day Salon – Beauty delivered to your door – call 727191
- The Guernsey Weigh – deliveries – free delivery over £20- call 716833 or 07781 413609 – orders before 3pm will endeavour to deliver the same day.
- The Mylk Maid – [info@themylkmaid.co.uk](mailto:info@themylkmaid.co.uk) – alternative milk makers
- The wanderlust Collection – online shopping – 07781 432634
- Tiger Lily Florist – website orders only – <https://tigerlilyguernsey.com>

- Tom's Letters – send a heart-warming letter to someone in a care home – no stamp required – pop in nearest post box to Tom's Letters, PO Box 670, St Peter Port, GY1 3SS
- Town Butcher – delivery and collection – has some great specials (see Facebook page) – free delivery for orders over £20.00 – facebook or 726219
- TreeLine Ltd – 07781 124988 – recommencing services following strict guidelines
- Tussie Mussie – delivering only – order online or call 244077
- Valpy's – Open for phone sales and doorstep delivery. Call 9am – 12.30pm to arrange. 238422 or 07911 113 641 or email [valpys@guernsey.net](mailto:valpys@guernsey.net). Orders over £25 only.
- Vape Bar – offering deliveries by post – 07781 149932 – [vapeonline.gg](http://vapeonline.gg)
- Vazon Motors – open for business again but call in advance – call 253398 – [vazonmotors@cwgsy.net](mailto:vazonmotors@cwgsy.net)
- Waitrose – emergency delivery only to those isolated - Essential items packages – Rohais 729888 or Admiral Park 729222
- [www.guernseytogether.com](http://www.guernseytogether.com) - website for local produce, hedgeveg, fisherman supplying etc.
- Yoga – Katie Kalagi – Yoga Elements 07781 412065 or [www.yogaelementsgg.com](http://www.yogaelementsgg.com) – all yoga products delivered to your door and enjoy online yoga sessions – look on facebook page for further information
- Yoga - Emma Despres – Be Inspired Yoga 07781 152640 or [www.beinspiredyoga.co.uk](http://www.beinspiredyoga.co.uk) or [emma@beinspired.co.uk](mailto:emma@beinspired.co.uk)

### Take Away Food

- Atan Ahan – opening Friday 22<sup>nd</sup> May – Friday Saturday and Sunday only for now - 242170
- Beetons - remain CLOSED
- Buho – opening soon – watch their facebook page for updates
- China Red – delivery and takeaway service only – open Tuesday 19<sup>th</sup> May – 723888
- Cobo tea room – takeaway and limited delivery service - 253366
- Crabby Jacks – opening for takeaways from 3pm Saturday 16<sup>th</sup> May – tel 257489
- The Imperial Hotel – offering takeaway service from Sunday 17<sup>th</sup> May – tel 264044
- Muse Café & Deli – open Monday morning from 9am to 3pm
- Les Douvres Hotel – opening for take away Wednesday 20<sup>th</sup> May – tel 238731or [info@lesdouvres.com](mailto:info@lesdouvres.com)
- La Reunion – Heat at home takeaways - 255600
- The Pony Inn – opening for takeaways from Tuesday 19<sup>th</sup> May – tel 244374
- The Hook – offering takeaway services from Saturday 23<sup>rd</sup> May – tel 701373- [www.thehook.gg](http://www.thehook.gg)
- King Balti – opening Sunday 17<sup>th</sup> May – call 723246
- Happiness Chinese – opens Wednesday 20<sup>th</sup> May - 728999
- Sitar – open for takeaways from Sunday 17<sup>th</sup> May - phone – 730559
- Indian Cottage – takeaways and deliveries from Sunday 17<sup>th</sup> May - 01481 244840
- The Farmhouse – 264181 – open for takeaways from 6pm 16<sup>th</sup> May
- The Taste of India – open from 5.30pm Saturday 16<sup>th</sup> May – tel 264516
- James Ferguson – Cooked, - will cook and deliver food – 01481 736455 – re opening soon – watch his facebook page.
- Slaughterhouse – open for takeaway and deliveries – see facebook page for full details or call – 712123

- Octopus Restaurant – take away not yet available but imminent - [www.octopusgsy.co.uk](http://www.octopusgsy.co.uk) – call on 722400
- The Last Post – takeaways and deliveries only – tel 236353
- The Driftwood inn – call direct or order online – 264436 – [info@driftwoodinn.co.uk](mailto:info@driftwoodinn.co.uk)
- The Pickled Pig will be updating their opening dates mid week
- Taylors of Guernsey
- The Prince of Wales – takeaways Tuesday to Saturdays - 724493
- The Rockmount Hotel – takeaways service starts 20th May – tel 252778
- The Dragon – will be opening but no date yet
- Sawatdi – pre ordered takeaways only – 725805
- The Terrace garden – 811919
- Jade Cottage Chinese Takeaway – 701662 – takeaway or delivery
- Food.gg
- Facebook Take aways page

### *Provision for your pets and livestock*

- A Dog's Life – open for dog daiy care for key workers only – following guidelines and procedures laid out by the states vet – please call 07911 725310 or email on [adogslifegsy@outlook.com](mailto:adogslifegsy@outlook.com)
- Creature Comforts – deliveries – call between 10am and 4pm - 01481 711971
- Earlswood Garden centre – opening during the week of the 18<sup>th</sup> May – email [info@earlswoodgsy.com](mailto:info@earlswoodgsy.com)
- Four Paws Country Pet Hotel – open for doggy day care for key workers only – [www.fourpawspethotel.co.uk](http://www.fourpawspethotel.co.uk) – 07781 118604
- Pukka Tukka for Pets Ltd – Collection or delivery – arrange via Facebook or 07781115847
- RH Gaudion and Son Limited – pet food visit shop or arranged collection if you are still distancing – 257361 or email [tim.gaudions@cwgsy.net](mailto:tim.gaudions@cwgsy.net)
- Trim Dog – free delivery of dog food – shop open 8am to 4pm to 1 customer at a time– 01481 255555
- Le Friquet Garden Centre – open or deliveries available – call 259220 – [manager@lefriquetgardencentre.gg](mailto:manager@lefriquetgardencentre.gg)
- Guernsey Vets4Pets – St Martin's and St Sampson's will do appointments from your car if you are vulnerable, will collect your pet from your car whilst you wait – call ahead to arrange – 01481 239101
- Isabelle – offering various consultations online and limited in surgery – collections of medication under strict call first only to collect – 723863 – deliveries possible - L'Islet branch closed
- Top Dog – providing grooming, dog food and grooming supplies – also, day creche and home boarding for essential workers or Covid 19 patients as part of their pet plan cover.
- Venture – Petrol and pet food – open 8am to 6pm – 266355
- Vets4pets – call 239101 – email [guernsey@vets4pets.com](mailto:guernsey@vets4pets.com) – [www.vets4pets.com/guernsey](http://www.vets4pets.com/guernsey)

### *Garages - fuel and service stations*



As far as we are aware most if not all garages are still open – the below have made changes

- Carrus Autoparts – Parts and accessories deliveries call 250855 or email [parts@carrus.gg](mailto:parts@carrus.gg) – servicing and repairs collections and deliveries only call 256555 or email [service@carrus.gg](mailto:service@carrus.gg)
- Cobo Services Station – now open Monday to Saturday 8am to 6pm – 257323 – social distancing in the shop
- Grandes Rocques Garage – 257433 – open 8am to 6pm.
- Le Mont Saint Garage Limited – fuel and car services only - 8.30am to 4.30pm daily
- RH Gaudions – 8.30am-4.30pm Monday Wednesday Friday during Lockdown. No self service, stay in your vehicle.
- Rubis Garages – business as usual – free fuel for key workers
- Vale Services Station – now open Monday to Saturday 8am to 6pm
- Venture – Petrol and pet food – open 8am to 6pm - 266355
- Whiteway Motors - Business as usual but no self service at pumps – limited food supplies in the shop

### Entertainment/Education

- Aindre-Reece Sheerin – reading a book live on Facebook at 10am and 4pm
- Andrew Lloyd-Webber – streaming live music – Facebook page.
- Alderney Wildlife Trust – <http://www.teachingthroughnature.co.uk/webcams> - live tours of the island and wildlife.
- Andy Perkins Fitness – 30 day fitness and nutrition plan – free - Facebook
- Audible an Amazon Company – audible books – free streaming of stories. Online.
- Baby Sensory at home – [Guernsey@babysensory.co.uk](mailto:Guernsey@babysensory.co.uk) – may have to be a current member of a class?
- Babel – 6 months free – Babel.com.
- Basket Weaving – a free online craft class for kids – 20 April 2020 at 10am on Facebook
- BBC – activities for babies, toddlers, children – BBC Tiny Happy People – <https://www.bbc.co.uk/tiny-happy-people>
- B Creative Dance and Fitness – classes from home – weekly videos in St Dance, Zumba or STRONG (HIIT) – contact Brandi via Facebook or 07839 254115 or [bcreative-dance@hotmail.co.uk](mailto:bcreative-dance@hotmail.co.uk)
- Ben Fogle – 4pm this week (23.03.20) – class in adventure and wilderness – stories of off the grid living – Instagram stories live.
- Bright Beginnings Childrens' Centre – check facebook page for Zoom group meetings
- Brown Paper Packages – facebook page for info or call 07781 126701 – loads of great little ideas to send to your family for birthdays and to cheer them up
- Dance Mediation Guernsey – Online lessons
- Dance with Oti Mabuse – Facebook LIVE kids dance classes and adults beginner dance classes. Children classes live every day at 11am but can be viewed anytime.
- Debbie Duport Dancing – on Zoom -see Facebook for details of classes
- DELISH.COM – Free digital cooking classes for parents and children every weekday.
- Dementia Friendly Guernsey – 263132 – many activities and support advice on faceook
- Drawing with Joni – please see website page



- Duolingo – free language app.
- English LiVE! Spellathon (KS1-4)– Friday 27 March and Wednesday 25 March KS2-4 Sensational Shakespeare – Facebook
- Extreme Couponing and Bargains UK Group – examples of free resources for children – Facebook.
- Fermain Valley Hotel – asking adults and children to share their artwork of Fermain Valley ore related e.g. bluebells on the Facebook page and their favourite will later be hung in the hotel in memory of this time.
- Fitblast Get Fit at Home Workouts – Facebook.
- Gov.gg – suggestions on how to stay healthy during self-isolation.
- Guernsey Breastfeeding Support – helpline 0300 330 0771 or Rachel on 07781 428048
- Guernsey Chamber – see Facebook page about their Our Island Creative competition.
- Guernsey Cheshire Home – Liberation cards for sale – 07781 411258
- Guernsey Sports Commission - #ChallengeGuernsey, helping islanders stay active whilst self-isolating – Facebook.
- Guernsey Museums – Mini Muses Takeaway Packs – museum education – 01481 726518.
- Guernsey Isolation Football Extravagansa – Facebook Page.
- Guernseywithkids.com – lots and lots of resources for children, educational and activities at home.
- Guilles – Alles Library – e-books and e-audio books, Rhyme Time Live, Home Delivery Service – library.gg, [abayfield@library.gg](mailto:abayfield@library.gg), 01481 720392 – many videos and resources on their Facebook page and [www.library.gg/stayathome](http://www.library.gg/stayathome) .
- Guitar Lessons – Adults and children - Free online, contact Mark Guillou on Facebook or text 07781 401361.
- Home Learning Resources Guernsey – Facebook page sharing of education and home schooling ideas/resources – <https://www.facebook.com/Home-Learning-Resources-Guernsey-104163201226042/>
- In-dependence – needle exchange is an essential service, continue Mon 3.30-6pm, Tues 9am-12.00noon, Wednesday 5pm-7pm, Friday 9am-10am, strict one in one out and do NOT attend if you have symptoms, , new referrals via [www.independence.gg](http://www.independence.gg), all other services via telephone and connect with SMART recovery community – <https://smartrecovery.org.uk>
- Island Mums group – support for Island Mums – Facebook.
- Islandmums Together – information sharing and support for parents during school closures with lots of resources and links for homeschooling, activities and fun.
- James Burton – Bird Box Kits - £4.00 each. Message on Facebook.
- Just Games – delivery – can pay via paypal – call with enquiries - 01481712240
- Karltaforeducation.com – 10 Creative photoshoots to do at home.
- Kids’ Cook Club – [www.facebook.com/kidscookclub/](http://www.facebook.com/kidscookclub/)
- Little Donkey Factory –free colouring competition – hand made products including books for children – some discounts available - Facebook or 07911 735182 – <http://www.donkeydirect.co.uk> .
- Little Puffin Signing – online sign along singing classes - £4.99 – Facebook or 07781 412863.
- Maddy Diligent – hosting a live workout each week – see facebook page EPIC Challenges
- Maggie Moo Music – Facebook
- Mark – L’Eree and St Peters Milk deliveries – 264449
- Mark & Millie do childrens songs daily at 2pm – facebook event. – Mark Guillou
- Maths with Carol Voderman – free access to her maths website – [www.themathsfactor.com](http://www.themathsfactor.com).

- Matt Waterman – milk retailer - St martins – 710103
- Mike Meinke Music – live streaming music – 27 March - 20:00 – Facebook.
- Music with Myleene Klass – twice a week – next one Friday 27 March 10 am – but you can view anytime – YouTube.
- Muscian's Livestreaming – Facebook – Kiya Ashton's Facebook page – 4pm Friday 27.03.20 for the first time NCT – breastfeeding and bottle feeding infant support group 0300 330 0700
- Outdoor guernsey offering 50% off activities to key and essential workers- see facebook page or call 07781 130403
- Pauline Marquis is offering free advice on how to claim your £3000 grant from States – her Facebook page is <https://www.facebook.com/pauline.marquis.58>
- PE lessons for children with Joe Wicks the Body Coach Monday to Friday - Instagram.
- Positivity Pebbles – lovely Facebook Page – DO NOT PICK UP THE PEBBLES.
- Post Office – Guernsey post are operating a split shift system to reduce exposure to their staff so your post may not be as quick as it has in the past.
- Practicalpreschoolbooks.com – Early years resources
- Science with Maddie Moate on YouTube – Weekdays 11am – Maddie and Greg chat about science and nature.
- Simply Bespoke – virtual tutorials on how to make a spring wreath – message via Facebook or 07781 112894 if interested
- Storytime with David Walliams – free story every day at 11am – [www.worldofdavidwalliams.com](http://www.worldofdavidwalliams.com)
- The Big Cat Sanctuary Live – tune in at 11am Fridays – facebook
- The Creation Station Guernsey – see page for competition - offering crafting packs from Facebook page, also requesting letters for 3 older ladies who will write back. Message via Facebook messenger or 07781 121942 or [www.creationstation.co.uk](http://www.creationstation.co.uk)
- Virtual Choir- Alderney Singalong – Facebook, Alex Flewitt
- Wildlife with Steve Backshall on Facebook – every day at 09:30am – to answer all your wildlife, biology, conservation, geography and exploration questions.
- Yoga Elements Guernsey – live daily sessions with katie
- Yoga Session for AAY Yogis – videos on YouTube.
- Zoom Cloud Meetings – allows for virtual meetings – up to 100 people for 40 minutes free.

### *Emotional/Practical Support*

- Action for Children – support for young people through life's ups and downs, housing, funding etc - 01481 700218 or [guernsey@actionforchildren.org.uk](mailto:guernsey@actionforchildren.org.uk).
- A Heart Full of Love – offering free personal paintings and cards to be done by their talented 4 year old to cheer a loved on up.
- Affinity Counselling – lots of advice on facebook page or call 07839 200553
- Alzheimers Society – information and support – 01481 233700
- Autism Guernsey- 01481 232879

- Bailiwick of Guernsey Victim Support & Witness Service – concerns for anybody’s safety isolating in an environment with domestic violence – 713000 or 999
- Breath for Health – free online relaxation courses – 07587 494 127
- Bright Beginnings Children’s Centre – support for all parents, takes and donates nappies, baby clothes etc - 01481 244919, [info@brightbeginnings.gg](mailto:info@brightbeginnings.gg), website – [www.brightbeginnings.gg](http://www.brightbeginnings.gg).
- Carers Guernsey – if needing practical and emotional support whilst caring for someone – 01481 266331 or [www.carersguernsey.org](http://www.carersguernsey.org)
- Citizens advice bureau – 242266
- Financial Concerns – call 01481 732516 or email [hardshipfund@gov.gg](mailto:hardshipfund@gov.gg)
- Clinical questions – 01481 756938 or 01481 256969 or email [publichealth@gov.gg](mailto:publichealth@gov.gg)
- Guernsey Women’s Refuge – safe emergency accommodation for victims of domestic abuse including 24 hr phone line – 01481 721999.
- Guernsey Alzheimer’s Association – support to carers – 01481 24511 or 07781 110163 or [info@alzheimers.gg](mailto:info@alzheimers.gg)
- Guernsey Wildlife – ideas for garden based activities – [GuernseyWildlife.co.uk](http://GuernseyWildlife.co.uk) and Facebook page.
- Guernsey Mind – have a great list of local resources and provide support to those with mental health – [guernseymind.org.gg](http://guernseymind.org.gg) or 01481 722959.
- GSF Mental Health Fellowship – support to people in mental distress, their families and carers – 01481 723308/728018, [gsfmentalhealth@cwgsy.net](mailto:gsfmentalhealth@cwgsy.net)
- Healthy Minds – trained professionals who accept self-referral for mild to moderate anxiety and depression – 01481 707744.
- Home Start – 720382 or [home-startguernsey.org.gg](http://home-startguernsey.org.gg)
- Man Club Guernsey – Emotional support for Men – free and confidential, a space to listen and be heard – 07781 101700
- Men’s Shed – SHEDcast –YouTube, Livestream – Facebook – they recommend keeping in touch and monitoring activities via the Facebook page
- MIND – 0300 123 3393
- Non-clinical enquiries – 01481 717118 or email [covid19enquiries.gov.gg](mailto:covid19enquiries.gov.gg)
- Public Health Helpline – 01481 756938 or 01481 756969
- Philippi Counselling Services – 07781 130523
- Project Linus UK Guernsey – comfort blankets for children who are struggling – please message Debbie Baker on Facebook.
- Relate Guernsey – providing telephone and webcam counselling – 01481 730303
- Samaritans – 24 hr emotional support – 01481 116123(free) or 715515
- Safer – domestic violence victim support – 01481 721999
- Self Help Online – [www.get.gg/selfhelp.htm](http://www.get.gg/selfhelp.htm)
- SMART Recovery – recovery online community - <https://smartrecovery.org.uk>.
- St John’s Ambulance Guernsey - Caring Caller Scheme to help combat loneliness – not counsellors, advisors or health experts but caring members of community happy to have a chat with those who are lonely – line will be open 9am-8pm– call 01481 720088 or email [caring.caller@stjohn.gg](mailto:caring.caller@stjohn.gg)
- The Cinnamon Trust – charity for the elderly, the terminally ill and their pets -
- The HUB @ the Youth Commission - support to young people on a range of issues, bereavement, sexual identity, safety etc – 01481 724421, [info@youthcommission.gg](mailto:info@youthcommission.gg), <http://www.youthcommission.gg>

- Welcome Home – online community well – being hub, collating free local services – Facebook.

## CLOSED

- B and Q remains CLOSED but might open following new guidelines?
- Daniel Green Catering – deliveries Mon - Fri in St Martins for lunch – PRESENTLY CLOSED [eat@danielgreencatering.com](mailto:eat@danielgreencatering.com) by 9am for delivery same day. Include delivery address and a contact number.
- Da Nello's – CLOSED UNTIL FURTHER NOTICE- Take away, collection only, Tuesday to Sunday 12pm-2pm and 6.30-10pm – call 01481 721552 – menu on Facebook or [www.danello.gg/our-food](http://www.danello.gg/our-food)
- Duke of Richmond – CLOSED UNTIL FURTHER NOTICE - call before 1pm on 726221 to have dinner delivered that evening. No charge for food or delivery. In the immediate area of the Duke of Richmond only.
- Fat Rascal –CLOSED - take away Tuesday to Sunday 12-2pm and 6.30-8.30 excluding Sunday evening – 01481 728515 – [www.fatrascal.gg](http://www.fatrascal.gg) or FacebookFleur du Jardin – CLOSED - take away service 12-2pm and 6-9pm – call 01481 257996.
- In Bloom – operating hedge veg style from outside of their shop – CLOSED
- Longfrie - CLOSED UNTIL FURTHER NOTICE - Delivery lunchtime only, take away for dinner and lunch, free delivery within 2 miles of Longfrie – 01481 263107
- Mim's Kiosk Bathing pools CLOSED– 07889 431888
- Mangeur de Café / Food 2u – deliveries [mangeurdecafe@gmail.com](mailto:mangeurdecafe@gmail.com) or 01481 729704 - CLOSED
- Nineteen take away – CLOSED - 20% off restaurant price, Mondays only bacon rolls for breakfast and burgers for lunch and dinner, full menu Tuesday – Sunday. Menus available online at [nineteen.gg](http://nineteen.gg). Call 01481 740019 to place an order
- Petit Bistro Restaurant – take away Tuesday to Saturday 11.30am – 11.00pm – 01481 725055 - CLOSED
- Raw Store Guernsey – CURRENTLY CLOSED MONDAY 30<sup>th</sup> MARCH - Home delivery – lunch delivery - GY1 only - free – last orders 11:30am and delivered 12.00-13.30 – Food delivered hot. Knock and Run Delivery – Islandwide – £1.00 – last orders 16:00 – delivery 16:00- 18:00 – reheat and eat - [rawgsy.co.uk](http://rawgsy.co.uk) or 07911 718717 or [info@rawgsy.co.uk](mailto:info@rawgsy.co.uk).