

# PREFERRED LIES FEBRUARY 2023



## 2023 CAPTAINS:

Club Captain – Mr Stephen Saunders

Lady Captain – Mrs Angela Boxall

Seniors' Captain – Mr Barry Loynes

Junior Captain – Mr Ben Carr

President – Mr Tony Harrop

## Captains Drive In – Sunday 5<sup>th</sup> February

Our annual Captains' drive-in was held on Sunday, February 5th in front of a great turnout of members and family who were there to give our Captains terrific support for the start of their new year.

The weather held into the afternoon and they all 'drove into office' with thunderous applause!



Thank you to all who supported and a total of over £180 was raised for their chosen charity The Severn Hospice



An impressive 84 players joined the Captains in the Drive-In AM AM Competition. Results were:

1<sup>st</sup> Sharon Jones, Mark Bates, Chris Stevens, Steve Clifford 98 points

2<sup>nd</sup> Nicola Jones, Peter Williams, John Hampson, Richard Conlon 96 points

3<sup>rd</sup> Helen Apperley, Robin Mackness, Andy Oliver, Bob Parker 94 points

4<sup>th</sup> Francine Nutt, Ian Vickerstaff, Joe Ellis, Mike Beasley 93 points

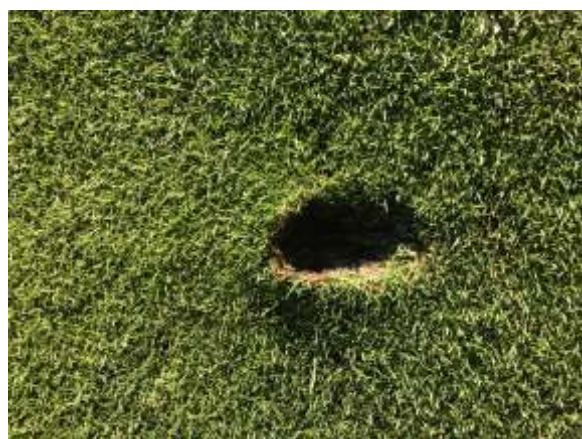
5<sup>th</sup> Jane Lloyd, Tony Harrop, Andrew Molyneux, Dave Robson 91 points



### Daily Mail Foursomes Competition – Round One

Good luck to the ladies and mens qualifiers of this competition in their first round. The Ladies (Sharon Jones & Christine Apperley) have drawn Onneley at home and the Men (Derrick Phillips & Trevor Young) have a bye.

Do you recognise one of these?



It could just be yours!! Have a pitchmark repairer to hand when you walk on to the green - they simply don't repair themselves .....

## Dates for your diary – March

### Seniors Friendly Matches

Thursday 16<sup>th</sup> March – match v Lilleshall (home)

Thursday 30<sup>th</sup> March – match v Lilleshall (away)

### Mens Friendly Matches

Saturday 25<sup>th</sup> March – match v Carden Park (away)

### Open Events

Friday 24<sup>th</sup> March Mens Team Open – Hawkstone Course 10.00am shotgun

### Ladies Opening competition

Monday 20<sup>th</sup> March – 18 & 9 holes, meal and presentation

## Midland U16 Boys & Girls Open Amateur Championship

Following the success of last year's competition, the Midland Under 16 Boys and Girls Open Amateur Strokeplay Championship will be held at Hawkstone Park Golf Club from Tuesday 11<sup>th</sup> – Friday 14<sup>th</sup> April inclusive. A few members have kindly previously given their time to help this event run smoothly. Please email the Secretary should you wish to help for a few hours on any of these days, either as a starter or on the administration desk.

## Excellent Exercise – Golf Workout:

### 1. Core strengthening

Lie on your back with knees bent, tuck lower abs in and lift hips up by tightening buttock muscles. Hold for 10-20 seconds, repeat 3 times



### 2. Trunk flexibility

Sitting on a chair, hold golf club behind head and shoulders and rotate left and right. Hold for 15-20 seconds, repeat 5 times



### 3. Glute stretch

Lie on your back with legs outstretched, tuck one knee up onto your chest. Hold for 10-30 seconds, on each leg



## **House & Social Committee**

After a successful year with Cheryl Greaves 'at the helm', Issi Brisbane has now been voted in as Chair of House & Social Committee. Issi and her team have begun organising a full and varied mixed social calendar for this year. The meeting contained talking with, working with, laughing with and building relationships within her team. At present the team consists of a fantastic group of lady members, it would be wonderful if more men would be willing to put their name forward and join the H & S team. Please email Issi: [issi.millway@btinternet.com](mailto:issi.millway@btinternet.com).

## **Junior Organiser**

We thank James Greaves for his assistance in being Junior Organiser for the last 2 years, this year Gary Carr has offered to be in charge of the Junior Section for the next year. He hopes to work alongside Lewis Baker, parents and grandparents of the juniors to keep the section growing. Should you wish to give up some hours of your time to help, either on a Saturday morning in the junior lessons, or helping to mark a card or even walking round a few holes to start some of the youngsters playing the main courses; please email Gary: [gazgums@hotmail.com](mailto:gazgums@hotmail.com).

Other sections of the golf club to get involved in are Matches & Competitions, Handicap Revision, Course Liaison, Friendly/Handicap League Matches, please email Secretary should you wish to 'join up.'

## **Let's Be Fair**

When you have elected a Committee from those willing to stand,  
Don't criticise everything they do, but give them a helping hand.  
They have tried to do their best for each and everyone,  
Don't whinge with all the rest go up and say 'well done!'  
As we walk through the Clubhouse and up and down the green,  
You wouldn't believe the things we hear and the things that we have seen.  
We come for recreation and the game of golf to play,  
So let's be kind and helpful and have a happy day!







ENGLAND  
GOLF

# Making golf more inclusive

## Our golf community joint commitment

England Golf passionately believes that golf belongs to everyone, all who play and all who aspire to play, must have an equal opportunity to do so. By listening to underrepresented voices, we will strive to positively affect everyone's experience of our sport. There is no place in golf for any form of discrimination.

As you know, back in 2021 we all through England Golf prioritised achieving the SafeGolf accreditation, and we thank you for your ongoing efforts in supporting young people to participate in our sport in a safe environment.

The England Golf [Course planner - England Golf](#) (strategic direction 2021-2025) sets out our golf community ambitions, very much prioritising a guiding principle to 'deliver a more inclusive & accessible sport'.

Ensuring that:

- Everyone is treated fairly and can enjoy all aspects of golf - equality
- Everyone is recognised, can see themselves, and be seen in golf - diversity
- Everyone is welcomed and feels that they belong in golf – inclusion

### Stroke-and-Distance Relief, Ball Lost or Out of Bounds

[www.randa.org/en/rog/the-rules-of-golf/rule-18](http://www.randa.org/en/rog/the-rules-of-golf/rule-18)

If a ball is lost or out of bounds, **the player must take stroke-and-distance relief by adding one penalty stroke and playing the original ball or another ball from where the previous stroke was made** (see Rule 14.6).

