

MGC Charity Day

Wednesday 4th July 2018

SUPPORTING LOCAL CHARITIES



Young
Carers'
Project

Kingston Carers' Network supporting **The Young Carers' Project** which gives advocacy, support and fun activities for young carers. Young carers are children and young people under the age of 18 who help look after a family member. It may be a parent, brother, sister or grandparent.

Young carers often take on practical and/or emotional caring responsibilities that would normally be expected of an adult.

The Fircroft Trust is a charity which supports adults living in the community with mental health problems and/or learning disabilities.



express

Express CIC is a 'not for profit' community organization based in the borough of Kingston upon Thames. A service for young people with autism, their carers, families and the wider community. Their ultimate goal is a purpose built autism hub in the heart of the community, a place for everyone.

Parkinsons can Dance can support people living with Parkinson's to develop confidence and strength, and provide the opportunity for creativity and self-expression, whilst also temporarily relieving some participants of symptoms in everyday life.



Shooting Star Chase

Children's Hospice Care



Shooting Star Chase is a leading children's hospice charity caring for babies, children and young people with life-limiting conditions, and their families. Whether lives are measured in days, weeks, months or years, they are there to make every moment count. They support families from diagnosis to end of life and throughout bereavement with a range of nursing, practical, emotional and medical care.