

Harrogate Golf Club
Forest Lane Head
Harrogate
HG2 7TF



20th May 2014

Dear Parent or Carer

We are committed to ensuring the health and wellbeing of all the children in our care and we know that when you entrust your children to us, you have expectations of how well your children will be looked after.

As part of our ongoing efforts to improve the standard of care we deliver, we are pleased to inform you that this year we are committed to the introduction of the **Outdoor Kids Sun Safety Code**.

We all want children to enjoy the benefits of physical activity outdoors whilst protected from the harmful effects of the sun. Children experience 80% of lifetime exposure before the age of 18 and sunburn in childhood is a major factor in the risk of developing melanoma in later life. Even one incidence of sunburn can impact on the likelihood of developing melanoma when older.

Protecting Future Generations

Harrogate Golf Club will be putting in place measures to ensure that we receive the Accreditation Mark this summer; however we can't do it without your help!

We are asking parents to try to follow the key elements of the Outdoor Kids Sun Safety Code during April to September. Lots of you are already sun aware, but here is a reminder of what is suggested :

Provide your child with a sunhat (legionnaire with protection for the back of the neck is ideal)

- Equip with wraparound sunglasses to be worn when appropriate
- Consider UVP 50 + clothing with in-built protection or at least one item in a darker colour/white with close weave and long sleeves
- Wear shorts and skirts ideally to knee or below and legs covered if your child is a wheelchair user
- Apply sun protection of a minimum factor SPF 30+ before your child gets dressed and again on exposed parts on arrival
- Supply your child with extra bottle of SPF 30+ UVA/UVB sun screen (labelled with their name) so they can reapply during the day. If your child has an allergy to either the sun or sunscreen or difficulty in applying, please make a member of staff aware so that an effective sun protection plan can be agreed.
- Supply named water bottles to ensure that children are hydrated
- Lead by example, make sure you are seen to be protecting yourself and all family members
- Explain to your children the importance of avoiding sunburn
- If your child has any individual disabilities or issues that you feel we need to take into account in relation to their ability to follow advice about sun safety or drink regularly unaided, please make a member of staff aware

Once children are in our care we will be making sure that:

- Staff are familiar with and follow the Outdoor Kids Sun Safety Code
- Children are reminded about the Outdoor Kids Sun Safety Code, staff will lead by example
- A spare sun protection kit will be available if anyone has forgotten anything
- Shade will be provided during breaks and time-out
- Extra free water is available at all times

We are delighted to be working with the Myfanwy Townsend Melanoma Research Fund, the charity behind the Outdoor Kids Sun Safety Code in 2014. If you would like to find out more about the work they do, visit: www.melanoma-fund.co.uk

We know we can count on your support to ensure we reach our accreditation standard this summer.

Ruth Skaike-Clarke

Club Secretary

please see the enclosed leaflet or go to www.oksunsafetymcode.com for more information on how to enjoy a healthy, active life outdoors.

This document does not attempt to constitute an authoritative legal interpretation of the provisions of any enactment, regulations or common law. That interpretation is exclusively a matter for the courts. It offers guidance from which individual teachers, coaches or other responsible adults may apply according to the particular and specific circumstances with which they meet. Responsibility remains with the teacher, coach or other responsible adult for the appropriate management of any situation in which this guidance may be applied.

The Myfanwy Townsend Melanoma Research Fund, 6 Manor Road, East Grinstead, West Sussex RH19 1LR.
www.melanoma-fund.co.uk Registered Charity 1085969



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