



***GOLF EXPRESS***

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***ALL THE  
GAME IN  
HALF THE  
TIME...***

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ENGLANDGOLF

# Play 9-holes

## Redditch Golf Club

Green Lane Callow Hill Redditch B97 5PJ  
Call: 01527 543079

**for only £15.00 after 4pm Mon-Thur**

*It's good to play golf  
because...*

### **It keeps you active**

You will use more energy than you would think: playing 9-holes will burn at least 450 calories, you will take more than six thousand steps.

### **It reduces stress**

Outdoor exercise in a green space can help reduce stress levels, enhance mood and even improve your self-esteem.

### **It connects you with others**

With plenty of time for conversation and fun, golf is a great way to meet new people and to spend quality time with friends and family.

**TO BOOK** your game just  
call the venue.  
**[golfexpress9.org](http://golfexpress9.org)**